

# Nebraska's State Suicide Prevention Plan

Nebraska's State Suicide Prevention Committee (NSSPC) embraces the aim and model proposed by the former [United States Surgeon General](#), David Satcher, M.D., in the 2001 publication [National Strategy for Suicide Prevention: Goals and Objectives for Action](#). The NSSPC enforces an open membership policy with a goal of promoting local, grassroots initiatives through the 2005-2006 Nebraska State Suicide Prevention Plan.

## 2005-2006 Nebraska State Suicide Prevention Plan

The Nebraska State Suicide Prevention Committee (NSSPC) has three subcommittees, [Awareness](#), [Intervention](#), and [Methodology](#). The following is the 2005-2006 state plan as developed by these committees and approved by the overall NSSPC.



### AWARENESS

Promote Awareness that suicide is a preventable public health problem.

- Disseminate information about resources and web sites available through faith based organization, service clubs, non profits, corporations and occupational health through private, public, and non-profit partners in the NSSPC and broader community
- Continue to reach out to public/private schools and colleges with special emphasis to the age group of 15-24 by including them in NSSPC activities
- Reach out to the elderly through [Aging Services](#) by the dissemination of educational materials on depression and suicide prevention
- Provide State and Regional prevention programs with information about suicide prevention
- Work with public health and [Cooperative Extension](#) to more fully involve youth organizations in suicide prevention activities.
- Build on “[Project Relate](#)” activities to reduce stigma associated with seeking help for mental health problems
- Engage local foundations to promote activities associated with mental illness awareness week, suicide prevention month, and mental health month

Increase access to community linkages with MH/SA services:

- Provide a link on the HHSS Suicide Prevention website for [free depression screening](#) provided by [BryanLGH Medical Center](#)

- [Interchurch Ministries of Nebraska](#) will publicize notice of screening availability to churches and encourage parish health nurses to include depression screening as wellness activities



## INTERVENTION

Develop and implement suicide prevention programs

- Empower organizations to seek [American Association of Suicidology](#) (AAS) national certification for crisis centers by encouraging Region V to educate the other Regions on the AAS Accreditation process
- Encourage organizations to become networked under a single, toll-free telephone number, [1.800.SUICIDE \(784-2433\)](#) through the [Kristin Brooks National Hopeline Network](#)
- Put links to [AAS](#) and [Hopeline Network](#) on the HHSS Suicide Prevention website
- Expand Suicide Prevention Curriculum (SPC) training to law enforcement officers and fire personnel to include mandated training of new officers and renewed information for veteran officers

Develop and promote effective practices

- Continue to promote the use of the Teen Screen program by medical facilities that serve youth
- Continue use of Nebraska's Green Line program for juvenile residential settings
- Continue to update and distribute SPC via [NEBHANDS](#) website



## METHODOLOGY

Promote and support research on suicide and suicide prevention

- Promote evaluation on the Green Line Program to support its inclusion as evidence based practice
- Promote University of Nebraska research on suicide prevention, and Selective Serotonin Reuptake Inhibitors (SSRIs) role in suicide prevention

Improve and expand surveillance systems

- Encourage Public Health integration of Mental Health data on suicide attempts, Regional Center admissions and Crisis Center admissions

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